

September 2010 After School Snack Menu



Menu is subject to change.

Nutritional Development Services
Archdiocese of Philadelphia

215-895-3470

www.ndsarch.org

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|---|--|--|
| 6 | 7 | 8 | 9 | 10 |
| LABOR DAY | 991 Oatmeal Cookie 450 Apple Juice | 924 French Onion Sun Chips 452 Orange Juice | 935 All Sports Grahams 108 1% Milk | 927 Animal Crackers 454 Fruit Juice |
| 13 | 14 | 15 | 16 | 17 |
| 920 Vanilla Smart Cookies 451 Grape Juice | 928 Cheddar Whales 454 Fruit Juice | 320 Cinnamon Snack N' Square 112 Strawberry Milk | 946 Tostitos Scoops 450 Apple Juice | 917 Vanilla Sound Bites 452 Orange Juice |
| 20 | 21 | 22 | 23 | 24 |
| 924 French Onion Sun Chips 450 Apple Juice | 926 Chocolate Bear Grahams 452 Orange Juice | 945 Cool Ranch Doritos 454 Fruit Juice | 917 Vanilla Sound Bites 451 Grape Juice | 949 Tiny Twist Pretzels 450 Apple Juice |
| 27 | 28 | 29 | 30 | 1 |
| 923 Mini Wheat Crackers 454 Fruit Juice | 920 Vanilla Smart Cookies 450 Apple Juice | 134 Cherry Vanilla Yogurt 539 Raisins 697 Apple Slices | 991 Oatmeal Cookie 451 Grape Juice | 928 Cheddar Whales 454 Fruit Juice |

PLEASE READ CAREFULLY

Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Diocese of Camden, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which information has been provided by the supplier of the food item. To request product information please call 215-895-3470 during normal business hours.