



Nutritional Development Services
 Archdiocese of Philadelphia
 www.ndsarch.org 215-895-3470



Menu is subject to change.
Choice of chocolate or plain milk each day.

September 2010 School Breakfast Menu

6 7 8 9 10

LABOR DAY

358 Frosted Flakes 750 Apple Juice 100 Milk	325 Cinnamon Raisin Bagel 752 Fruit Juice 100 Milk	359 Honey Nut Scooters 749 Apple Cherry Juice 100 Milk	329 Blueberry Muffin OR 321 Jumbo Sausage Pancake Wrap 753 Orange Juice 100 Milk
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333 Apple Cinnamon Muffin OR 317 Egg & Cheese Muffin 749 Apple Cherry Juice 100 Milk	360 Toasty O's 748 Grape Juice 100 Milk	324 Plain Bagel 753 Orange Juice 100 Milk	361 Honey Graham Squares 752 Fruit Juice 100 Milk	319 Orange-Cran Muffin 750 Apple Juice 100 Milk
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20 21 22 23 24

363 Crispy Rice 749 Apple Cherry Juice 100 Milk	305 Pancakes OR 325 Cinnamon Raisin Bagel 753 Orange Juice 100 Milk	358 Frosted Flakes 750 Apple Juice 100 Milk	329 Blueberry Muffin 748 Grape Juice 100 Milk	362 Raisin Bran 752 Fruit Juice 100 Milk
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27 28 29 30 1

327 Banana Muffin 750 Apple Juice 100 Milk	359 Honey Nut Scooters 753 Orange Juice 100 Milk	326 Orange-Pine Muffin 749 Apple Cherry Juice 100 Milk	361 Honey Graham Squares 752 Fruit Juice 100 Milk	324 Plain Bagel 748 Grape Juice 100 Milk
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PLEASE READ CAREFULLY

Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Diocese of Camden, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which information has been provided by the supplier of the food item. To request product information please call 215-895-3470 during normal business hours.

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