





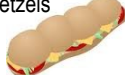

































# Summer Food Service Program 2010 Lunch Menu

Menu subject to change.

Changes called into the office by 11:30 a.m. can be made for the next delivery day.

| Monday  | Tuesday   | Wednesday   | Thursday   | Friday   |
|---|---|---|--|--|
| June 21   | 22  | 23  | 24   | 25   |
| Chicken on Sub Roll<br>• Carrots<br>• Fresh Fruit<br>• Ranch Dip<br>• Milk<br>                           | Turkey Ham & Cheese on Croissant<br>• Pineapple Cup<br>• Orange Juice<br>• Milk   | Barking Bagel Dog<br>• Raisins<br>• Cinnamon Applesauce<br>• Cinnamon Graham Crackers<br>• Milk<br>                              | Turkey & Cheese on White<br>• Fresh Fruit<br>• Apple Cherry Juice<br>• Milk<br>   | Strawberry Yogurt<br>• Golden Deluxe Trail Mix<br>• Blueberry Snack Loaf<br>• Apple Slices<br>• Fruit Juice<br>• Milk  |
| 28  | 29  | 30  | July 1   | 2  |
| Turkey Bologna on Wheat<br>• Fresh Fruit<br>• Apple Cherry Juice<br>• Dino Bites<br>• Milk  | Turkey Ham & Cheese on Toast<br>• Cinnamon Applesauce<br>• Fruit Juice<br>• Milk  | Chicken Nuggets<br>• Fresh Fruit<br>• Grape Juice<br>• Cinnamon Graham Crackers<br>• Milk<br>                                    | Turkey Bologna, Turkey Salami, & Cheese on Torpedo Roll<br>• Fresh Fruit<br>• Carrots<br>• Cheddar Whales<br>• Ranch Dip<br>• Milk   | Snack Pack Cheese<br>• Honey Chicken Stick<br>• Sweet Potato Muffin<br>• Fresh Fruit<br>• Apple Juice<br>• Milk<br>         |
| 5   | 6   | 7   | 8  | 9  |
| <b>No Deliveries</b>  | Cheese-Stuffed Breadsticks<br>• Marinara Sauce<br>• Fresh Fruit<br>• All Sports Grahams<br>• Milk<br>                     | HOAGIE MEAL <u>OR</u><br>Turkey on Wheat<br>• Fresh Fruit<br>• Apple Cherry Juice<br>• Tiny Twist Pretzels<br>• Milk<br>        | HOAGIE MEAL <u>OR</u><br>Chicken & Cheese on Wheat<br>• Apple Slices<br>• Fruit Juice<br>• Vanilla Bear Grahams<br>• Milk  | Crustless Soy Butter & Jelly Sandwich<br>• Honey-Roasted Sunflower Kernels<br>• Peach Cup<br>• Apple Juice<br>• Milk<br>   |
| 12  | 13  | 14  | 15   | 16   |
| Chicken on Sub Roll<br>• Carrots<br>• Fresh Fruit<br>• Ranch Dip<br>• Milk<br>                         | HOAGIE MEAL <u>OR</u><br>Turkey Ham & Cheese on Croissant<br>• Pineapple Cup<br>• Orange Juice<br>• Milk<br>             | HOAGIE MEAL <u>OR</u><br>Barking Bagel Dog<br>• Raisins<br>• Cinnamon Applesauce<br>• Cinnamon Graham Crackers<br>• Milk  | HOAGIE MEAL <u>OR</u><br>Turkey & Cheese on White<br>• Fresh Fruit<br>• Apple Cherry Juice<br>• Milk   | Strawberry Yogurt<br>• Golden Deluxe Trail Mix<br>• Blueberry Snack Loaf<br>• Apple Slices<br>• Fruit Juice<br>• Milk<br> |
| 19  | 20  | 21  | 22   | 23   |
| Turkey Bologna on Wheat<br>• Fresh Fruit<br>• Apple Cherry Juice<br>• Dino Bites<br>• Milk  | HOAGIE MEAL <u>OR</u><br>Turkey Ham & Cheese on Toast<br>• Cinnamon Applesauce<br>• Fruit Juice<br>• Milk<br>            | HOAGIE MEAL <u>OR</u><br>Chicken Nuggets<br>• Fresh Fruit<br>• Grape Juice<br>• Cinnamon Graham Crackers<br>• Milk<br>         | HOAGIE MEAL <u>OR</u><br>Turkey Bologna, Turkey Salami, & Cheese on Torpedo Roll<br>• Carrots<br>• Fresh Fruit<br>• Cheddar Whales<br>• Ranch Dip<br>• Milk<br> | Snack Pack Cheese<br>• Honey Chicken Stick<br>• Sweet Potato Muffin<br>• Fresh Fruit<br>• Apple Juice<br>• Milk<br>       |
| 26  | 27  | 28  | 29   | 30   |
| Chicken Nuggets<br>• Pear Cup<br>• Apple Juice<br>• Sweet & Sour Dip<br>• Oatmeal Cookie<br>• Milk<br> | HOAGIE MEAL <u>OR</u><br>Turkey on Wheat<br>• Fresh Fruit<br>• Apple Cherry Juice<br>• Tiny Twist Pretzels<br>• Milk<br> | HOAGIE MEAL <u>OR</u><br>Cheese-Stuffed Breadsticks<br>• Marinara Sauce<br>• Fresh Fruit<br>• All Sports Grahams<br>• Milk<br> | HOAGIE MEAL <u>OR</u><br>Chicken & Cheese on Wheat<br>• Apple Slices<br>• Fruit Juice<br>• Vanilla Bear Grahams<br>• Milk  | Crustless Soy Butter & Jelly Sandwich<br>• Honey Roasted Sunflower Kernels<br>• Peach Cup<br>• Apple Juice<br>• Milk<br>  |
| August 2  | 3   | 4   | 5  | 6  |
| Chicken on Sub Roll<br>• Carrots<br>• Fresh Fruit<br>• Ranch Dip<br>• Milk<br>                         | HOAGIE MEAL <u>OR</u><br>Turkey Ham & Cheese on Croissant<br>• Pineapple Cup<br>• Orange Juice<br>• Milk  | HOAGIE MEAL <u>OR</u><br>Barking Bagel Dog<br>• Raisins<br>• Cinnamon Applesauce<br>• Cinnamon Graham Crackers<br>• Milk<br>   | HOAGIE MEAL <u>OR</u><br>Turkey & Cheese on White<br>• Fresh Fruit<br>• Apple Cherry Juice<br>• Milk<br>  | Strawberry Yogurt<br>• Golden Deluxe Trail Mix<br>• Blueberry Snack Loaf<br>• Apple Slices<br>• Fruit Juice Punch<br>• Milk  |
| 9   | 10  | 11  | 12   | 13   |
| Turkey Bologna on Wheat<br>• Fresh Fruit<br>• Apple Cherry Juice<br>• Dino Bites<br>• Milk<br>         | HOAGIE MEAL <u>OR</u><br>Turkey Ham & Cheese on Toast<br>• Cinnamon Applesauce<br>• Fruit Juice<br>• Milk<br>            | HOAGIE MEAL <u>OR</u><br>Chicken Nuggets<br>• Fresh Fruit<br>• Grape Juice<br>• Cinnamon Graham Crackers<br>• Milk<br>         | HOAGIE MEAL <u>OR</u><br>Turkey Bologna, Turkey Salami, & Cheese on Torpedo Roll<br>• Carrots<br>• Fresh Fruit<br>• Cheddar Whales<br>• Ranch Dip<br>• Milk<br> | Snack Pack Cheese<br>• Honey Chicken Stick<br>• Sweet Potato Muffin<br>• Fresh Fruit<br>• Apple Juice<br>• Milk<br>       |
| 16  | 17  | 18  | 19   | 20   |
| Chicken Nuggets<br>• Pear Cup<br>• Apple Juice<br>• Sweet & Sour Dip<br>• Oatmeal Cookie<br>• Milk<br> | HOAGIE MEAL <u>OR</u><br>Turkey on Wheat<br>• Fresh Fruit<br>• Apple Cherry Juice<br>• Tiny Twist Pretzels<br>• Milk<br> | HOAGIE MEAL <u>OR</u><br>Cheese-Stuffed Breadsticks<br>• Marinara Sauce<br>• Fresh Fruit<br>• All Sports Grahams<br>• Milk<br> | HOAGIE MEAL <u>OR</u><br>Chicken & Cheese on Wheat<br>• Apple Slices<br>• Fruit Juice<br>• Vanilla Bear Grahams<br>• Milk<br>                                   | Crustless Soy Butter & Jelly Sandwich<br>• Honey Roasted Sunflower Kernels<br>• Peach Cup<br>• Apple Juice<br>• Milk   |
| 23  | 24  | 25  | 26   | 27   |
| Chicken on Sub Roll<br>• Carrots<br>• Fresh Fruit<br>• Milk<br>  | Turkey Ham & Cheese on Croissant<br>• Pineapple Cup<br>• Orange Juice<br>• Milk   | Barking Bagel Dog<br>• Raisins<br>• Cinnamon Applesauce<br>• Cinnamon Graham Crackers<br>• Milk<br>                            | Turkey & Cheese on White<br>• Fresh Fruit<br>• Apple Cherry Juice<br>• Milk  | Strawberry Yogurt<br>• Golden Deluxe Trail Mix<br>• Blueberry Snack Loaf<br>• Apple Slices<br>• Fruit Juice<br>• Milk<br> |
| 30  | 31  | September 1   | 2  | 3  |
| Turkey Bologna on Wheat<br>• Fresh Fruit<br>• Apple Cherry Juice<br>• Dino Bites<br>• Milk  | Turkey Ham & Cheese on Croissant<br>• Cinnamon Applesauce<br>• Fruit Juice<br>• Milk<br>                                 | Chicken Nuggets<br>• Fresh Fruit<br>• Grape Juice<br>• Cinnamon Graham Crackers<br>• Milk   | Turkey Bologna, Turkey Salami, & Cheese on Torpedo Roll<br>• Carrots<br>• Fresh Fruit<br>• Cheddar Whales<br>• Ranch Dip<br>• Milk<br>                          | Snack Pack Cheese<br>• Honey Chicken Stick<br>• Sweet Potato Muffin<br>• Fresh Fruit<br>• Apple Juice<br>• Milk  |