

September 2010

Child Care Lunch Menu

| 6 | 7 | 8 | 9 | 10 |
|---|--|---|--|---|
| Labor Day | Hamburger <ul style="list-style-type: none"> • Corn • French Fries • Hamburger Bun • Milk | Fish Sticks OR Sliced Turkey <ul style="list-style-type: none"> • Peas & Rice OR Mashed Potatoes • Cinnamon Applesauce • Wheat Bread • Milk | Ravioli OR Chicken Parmesan <ul style="list-style-type: none"> • Green Beans OR Tossed Salad • Dinner Roll • Milk | Chicken Nuggets <ul style="list-style-type: none"> • Diced Carrots OR Baby Carrots • Tossed Salad OR Fruited Gelatin Cup • White Bread • Milk |
| | Chicken Patty <ul style="list-style-type: none"> • Cheesy Broccoli OR Au Gratin Potatoes • Peach Cup • White Bread • Milk | Salisbury Steak <ul style="list-style-type: none"> • Mixed Vegetables • Mashed Potatoes • Wheat Bread • Milk | Chicken Nuggets <ul style="list-style-type: none"> • Peas & Carrots • French Fries • White Bread • Milk | Macaroni & Cheese <ul style="list-style-type: none"> • Garden Peas • Apple Slices OR Cinnamon Applesauce • Wheat Bread • Milk |
| Meatloaf OR Sliced Turkey <ul style="list-style-type: none"> • Mixed Vegetables • Mashed Potatoes • White Bread • Milk | Chicken Patty <ul style="list-style-type: none"> • Corn • Baked Cinnamon Apples OR Fruited Gelatin Cup • Wheat Bread • Milk | Ravioli OR Spaghetti & Meatballs <ul style="list-style-type: none"> • Green Beans OR Baby Carrots • White Bread • Milk | Sloppy Joe OR Hot Dog <ul style="list-style-type: none"> • Baked Beans OR French Fries • Tossed Salad OR Mixed Fruit Cup • Hamburger Bun or Hot Dog Bun • Milk | Swedish Meatballs OR Beef Stew <ul style="list-style-type: none"> • Peas & Carrots • Tossed Salad OR Cinnamon Applesauce • Spiral Noodles OR Dinner Roll • Milk |
| Chicken Nuggets <ul style="list-style-type: none"> • Potato Rounds • Diced Carrots OR Baby Carrots • Wheat Bread • Milk | Fish Sticks OR Hamburger <ul style="list-style-type: none"> • Corn OR Au Gratin Potatoes • Apple Slices OR Cinnamon Applesauce • Hamburger Bun OR White Bread • Milk | Salisbury Steak <ul style="list-style-type: none"> • Mixed Vegetables • Mashed Potatoes • White Bread • Milk | Meatballs OR Chicken Parmesan <ul style="list-style-type: none"> • Tossed Salad OR Broccoli • Spiral Noodles OR Dinner Roll • Milk | Cheese Pizza, Round Pizza, OR French Bread Pizza <ul style="list-style-type: none"> • Tossed Salad or Fresh Fruit • Milk |



Nutritional Development Services
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Menu is subject to change.

PLEASE READ CAREFULLY: Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Diocese of Camden, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which information has been provided by the supplier of the food item. To request product information please call 215-895-3470 during normal business hours.

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