



*Menu is subject to change.
 All Meals are served with milk.*

September 2010

Child Care Breakfast Menu

6	7	8	9	10
LABOR DAY	<ul style="list-style-type: none"> • Corn Flakes Cereal • Apple Juice OR Fresh Fruit • Milk 	<ul style="list-style-type: none"> • Waffles OR Cinnamon Raisin Bagel • Fruit Juice • Milk 	<ul style="list-style-type: none"> • Honey Nut Scooters Cereal • Apple Cherry Juice • Milk 	<ul style="list-style-type: none"> • Blueberry Muffin • Orange Juice OR Cinnamon Applesauce • Milk
13	14	15	16	17
<ul style="list-style-type: none"> • Egg & Cheese on English Muffin OR Cinnamon Raisin Bagel • Apple Cherry Juice or Fresh Fruit • Milk 	<ul style="list-style-type: none"> • Toasty O's Cereal • Grape Juice OR Cinnamon Applesauce • Milk 	<ul style="list-style-type: none"> • Plain Bagel OR Hot Apple Cinnamon Oatmeal with Raisins • Orange Juice • Milk 	<ul style="list-style-type: none"> • Sweet Potato Muffin • Fruit Juice • Milk 	<ul style="list-style-type: none"> • Honey Graham Squares Cereal • Apple Juice OR Apple Slices • Milk
20	21	22	23	24
<ul style="list-style-type: none"> • Crispy Rice Cereal • Apple Cherry Juice • Milk 	<ul style="list-style-type: none"> • Pancakes OR Cinnamon Raisin Bagel • Orange Juice OR Fresh Fruit • Milk 	<ul style="list-style-type: none"> • Honey Nut Scooters Cereal • Apple Juice • Milk 	<ul style="list-style-type: none"> • Orange-Pineapple Muffin • Grape Juice OR Cinnamon Applesauce • Milk 	<ul style="list-style-type: none"> • Cinnamon Toasters Cereal • Fruit Juice OR Fresh Fruit • Milk
27	28	29	30	1
<ul style="list-style-type: none"> • Raisin Bran Cereal • Apple Juice • Milk 	<ul style="list-style-type: none"> • Honey Graham Squares Cereal • Orange Juice • Milk 	<ul style="list-style-type: none"> • Scrambled Eggs & Turkey Ham • Wheat Bread • Apple Cherry Juice OR Cinnamon Applesauce • Milk 	<ul style="list-style-type: none"> • Apple Cinnamon Muffin • Fruit Juice OR Apple Slices • Milk 	<ul style="list-style-type: none"> • Plain Bagel OR Toasty O's Cereal • Grape Juice OR Fresh Fruit • Milk

PLEASE READ CAREFULLY: Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children, and will not trigger an allergic reaction OR related illness. The Archdiocese of Philadelphia, Diocese of Camden, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction OR related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which information has been provided by the supplier of the food item. To request product information please call 215-895-3470 during normal business hours.