

Nutritional Development Services
 Archdiocese of Philadelphia
 222 North 17th Street, Philadelphia, PA 19103
 215-895-3470 www.ndsarch.org



Menu is subject to change.
 All Meals are served with milk.

February 2012

Child Care Breakfast Menu

6	7	8	9	10
Pancakes OR Cinnamon Raisin Bagel Mixed Fruit Applesauce Cup OR Orange Juice Milk	Orange Pineapple Muffin Fresh Fruit OR Apple Juice Milk	Honey Graham Squares Cereal Fruit Juice Blend OR Fresh Fruit Milk	Sweet Potato Muffin Fresh Fruit OR Apple Juice Milk	Toasty O's Cereal Fresh Fruit OR Grape Juice Milk
13	14	15	16	17
Apple Cinnamon Muffin Fresh Fruit OR Orange Juice Milk	Honey Nut Scooters Cereal Fruit Juice Blend Milk	Scrambled Eggs & Turkey Ham Wheat Bread Orange Juice Milk	Crispy Rice Cereal Apple Cherry Juice OR Mixed Fruit Applesauce Cup Milk	Blueberry Muffin Fresh Fruit OR Grape Juice Milk
20	21	22	23	24
Honey Graham Squares Cereal Apple Cherry Juice Milk President's Day	Sweet Potato Muffin OR Waffles Fresh Fruit OR Fruit Juice Blend Milk	Raisin Bran Cereal OR American Cheese on a Bagel Bagged Apples OR Apple Juice Milk Ash Wednesday	Apple Cinnamon Muffin Orange Juice Milk	Plain Bagel OR Corn Flakes Cereal Fruit Juice Blend OR Fresh Fruit Milk
27	28	29	March 1	2
Blueberry Muffin OR Egg & Cheese on English Muffin Orange Juice Milk	Crispy Rice Cereal Apple Cherry Juice OR Fresh Fruit Milk	Orange Pineapple Muffin Fruit Juice Blend OR Mixed Fruit Applesauce Cup Milk	Cinnamon Toasters Cereal Grape Juice OR Fresh Fruit Milk	Pancakes OR Cinnamon Raisin Bagel Fresh Fruit OR Apple Juice Milk

PLEASE READ CAREFULLY: Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Diocese of Camden, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which information has been provided by the supplier of the food item. To request product information please call 215-895-3470 during normal business hours.

In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 OR call toll free (866) 632-9992 (Voice). TDD users can contact USDA through local relay OR the Federal Relay at (800) 877-8339 (TDD) OR (866) 377-8642 (relay voice users). USDA is an equal opportunity provider and employer.