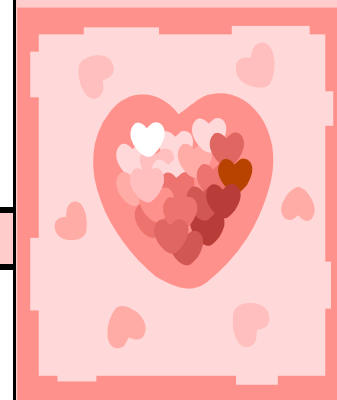


February 2012 - After School Cold Supper Menu

6	7	8	9	10
Barking Bagel Dog Raisins Mixed Fruit Applesauce Ketchup Milk	Colby Jack Cheese Honey Nutz Apple Cinnamon Toast Fresh Fruit Milk	Cherry Vanilla Yogurt Sunflower Kernels Honey Graham Squares Cereal Fresh Fruit Fruit Juice Blend Milk	String Cheese Red Pepper Hummus Tostitos Scoops Apple Juice Bagged Carrots Ranch Dressing Milk	Smuckers Uncrustable Golden Deluxe Trail Mix Fruited Gelatin Grape Juice Milk
13	14	15	16	17
Colby Jack Cheese Honey Nutz Apple Cinnamon Toast Fresh Fruit Milk	Cheese Stuffed Breadsticks Marinara Dipping Sauce Fruit Juice Blend Milk	Peach Yogurt Golden Deluxe Trail Mix Honey Nut Scooters Cereal Grape Juice Bagged Apples Milk	Breaded Chicken Nuggets Mixed Fruit Cup Apple Cherry Juice Sweet Potato Muffin Sweet & Sour Sauce Milk	String Cheese Sunflower Kernels Trail Mix G-Force Bar Fresh Fruit Milk
20	21	22	23	24
Turkey Ham & Cheese Bagged Apples Fruited Gelatin Milk President's Day	Strawberry Banana Yogurt Sunflower Kernels Raisin Bran Cereal Fresh Fruit Fruit Juice Blend Milk	String Cheese Red Pepper Hummus Tostitos Scoops Apple Juice Bagged Carrots Ranch Dressing Milk Ash Wednesday	American Cheese on a Bagel Honey Chicken Stick Pear Cup Apple Cherry Juice Milk	Soynut Butter Cup Golden Deluxe Trail Mix Tiny Twist Pretzels Fresh Fruit Fruit Juice Blend Milk
27	28	29	March 1	2
Breaded Chicken Nuggets Pear Cup Orange Juice Corn Bread Loaf Ketchup Milk	Colby Jack Cheese Honey Nutz Fresh Fruit Mixed Fruit Applesauce Mini Cheese Crackers Milk	Cheese Stuffed Breadsticks Marinara Dipping Sauce Fruit Juice Blend Milk	Strawberry Yogurt Sunflower Kernels Cinnamon Toasters Cereal Apple Juice Fresh Fruit Milk	Smuckers Uncrustable Golden Deluxe Trail Mix Fresh Fruit Grape Juice Milk



Nutritional Development Services
Archdiocese of Philadelphia

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www.ndsarch.org

Menu is subject to change.

PLEASE READ CAREFULLY

Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Diocese of Camden, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development

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